

## Bicycle Habitat Friday Morning Ride Cue Sheet

30-35 Miles

START: Cabrini blvd @ 178th St  
L 178th St (Sidewalk Left Side)  
L George Washington Bridge Cyclist / Pedestrian Ramp  
CROSS GEORGE WASHINGTON BRIDGE

REGROUP #1 West side of GW Bridge @ Hudson Terrace (SE Corner)

L Hudson Terrace USE SIDEWALK!  
L Henry Hudson Drive (River Rd)  
C 2nd Right @ Traffic Circle  
C Right around Traffic Circle, Continue on Henry Hudson Dr (Head Up Hill)  
C 2nd Right @ Traffic Circle  
Turn Around: Ranger Station Parking Lot (Palisades Interstate Park Commission)  
C 1st Right @ Traffic Circle  
C Stay Left @ Fork (Watch for Cars!)  
C Stay Right @ Traffic Circle  
R Hudson Terrace USE SIDEWALK!

REGROUP #2 West side of GW Bridge @ Hudson Terrace (SE Corner)

CROSS GEORGE WASHINGTON BRIDGE  
R 178th St  
R Cabrini Blvd  
L 177th St  
R Fort Washington Ave  
R Broadway  
R 158th St  
L 158th St Ramp  
R Towards Hudson River Greenway Bike Path  
L Hudson River Greenway Bike Path  
L Clarkson (Use Sidewalk)  
R Washington  
L Spring  
L Lafayette  
FINISH: Bicycle Habitat 250 Lafayette St